

# About type 1 diabetes

Type 1 diabetes is a chronic, life-threatening and lifelong condition. It is caused by a defect in the immune system, is not caused by lifestyle and cannot currently be prevented.

In people with type 1 diabetes, the body mistakenly attacks the insulin-producing cells in the pancreas meaning that little or no insulin is produced. As a result, the body cannot convert glucose from food into the energy the body needs to survive.

Just to stay alive, people with type 1 diabetes rely on multiple daily insulin injections (or pump infusions) and finger prick blood tests. But insulin is not the cure and people with the condition could still face future complications.

Help us create a future free from type 1 diabetes. Join us in finding the cure.

**JDRF materials are available in large print and other accessible formats on request.**

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# Finding the cure for type 1 diabetes



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